

BREAKFAST



ESSENCE ON EXHIBITION

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FAVOURITES

EGGS FLORENTINE two poached eggs, smoked salmon, baby spinach & hollandaise sauce

23

EGGS BENEDICT two poached eggs, double smoked ham, English muffin, hash brown, hollandaise sauce & blushed tomato

23

INNER MELBOURNE two eggs cooked, grilled bacon, hash browns, sausages, tomato, mushrooms & grilled bread

28

+ 3 EGG DESIGNER OMELETTE

THREE EGGS OMELETTE WITH BLUSHED TOMATOES AND YOUR CHOICE OF DOUBLE SMOKED HAM, SMOKED SALMON, SALAMI, CHORIZO, MUSHROOMS, CHEESE, FETA, ONION, CAPSICUM OR BABY SPINACH

24

FIT FOR YOU

BIRCHER MUESLI home made, with strawberry (345 calories)

15

LOW FAT PORRIDGE fresh fruit & soft brown sugar (206 calories)

16

POACHED EGGS with blushed tomatoes & baby spinach (260 calories)

18

HIGH PROTEIN poached eggs, sautéed mushrooms & avocado on rye (304 calories)

22

LOW CHOLESEROL OMELETTE egg whites with blushed tomatoes, baby spinach, mushrooms & tomato relish (378 calories)

24

The BUFFET

+ CONTINENTAL MELBOURNE BREAKFAST BUFFET

Melbourne style buffet with cereals, bircher muesli, fruits, fruit yoghurts, fruit juice, sliced breads, cold meats, cheese, croissants, pastries and muffins along with pancakes and porridge

29

+ FULL AUSTRALIAN BREAKFAST BUFFET

All the Continental Melbourne specialties along with our chefs hot food selection

39

+ ALL BUFFET BREAKFASTS INCLUDE BREWED COFFEE & LEAF TEA

The Extras

\$4 EACH

- o GRILLED BACON
- o BLUSHED TOMATOES
- o MUSHROOMS
- o CHICKEN
- o HASH BROWN
- o BABY SPINACH
- o TOATS

\$3 EACH

- o EXTRA ICE CREAM
- o SLICED BANANA
- o STRAWBERRIES
- o MAPLE SYRUP

DON'T BE SHY

\$19 EACH

SOMETHING SWEET

FRENCH TOAST

BRIOCHE, BERRY COMPOTE, ICE CREAM & STRAWBERRIES

BUTTERMILK PANCAKES

YOUR CHOICE OF

BERRY COMPOTE
VANILLA ICE CREAM
MAPLE SYRUP

LEMON WEDGE & ICING SUGAR

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